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Reporter

80P WHERE SOLD

News and Views from around the area

Volume 12 Issue 5

May 2020

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Prize quiz for children – see page 21



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Over 100 fines issued in Dorset as Officers continue to enforce Coronavirus movement restrictions

OFFICERS are continuing their patrols on Dorset's roads, key locations and beauty spots to ensure the public adhere to the Government's stay home rules to tackle the coronavirus.

Between Sunday 29th March and Thursday 23rd April 2020 Dorset Police issued 118 fixed penalty notices to people who have been found to be making non-essential journeys or blatantly flouting the regulations. Just over half of the total fines issued, 60, were handed to non-Dorset residents.

Examples have included a group of five motorcyclists from Southampton out for a ride, people from Uxbridge and Hampshire who had gone for a drive because they were bored, someone travelling from Winchester to drop fishing rods to a friend and someone transporting a vintage car on the back of his vehicle to deliver elsewhere.

Chief Constable James Vaughan said: "While our roads are far quieter than normal I am disappointed by the very small minority of people who continue to flout the rules. Now is not the time to become complacent and we all need to do our bit to stay home to prevent the spread of the virus, protect the NHS and save lives.

"Our officers will continue to patrol across Dorset to ensure that people are only making essential journeys. They will continue to engage with the public, explain the rules and encourage people to go home. We will only enforce as a very last resort.

"I appreciate these restrictions are not easy but it is essential that we all stick with it. I am aware there has been much discussion around recently issued guidance about the legislation and what it does and doesn't specifically prohibit. Our message remains the same – the legal aspects of the legislation are based on whether a person's actions are reasonable or not. Our officers will continue to make individual judgements based on the specific circumstances presented to them. We all ask for people to stick within the spirit of the legislation and make every effort to stay at home.

"We continue to receive calls and online reports from members of the public reporting breaches and I'd like to reassure the public that we are responding to this information.

"Overall, I have been delighted by the positive response from the public in relation to these measures. The pictures of our empty beaches, parks, forests and high streets prove that our communities fully understand what is being asked of them and they are complying – so I'd like to say a very big thank you for this."

A wide range of FAQs have been uploaded to the COVID-19 (coronavirus) section of the Dorset Police website www.dorset.police.uk.

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Enquiries and copy to: **msa.reporter@yahoo.co.uk**
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 Paper copy to any of the team

Dorset Button History

IN 1622 Abraham Case moved to Shaftesbury and set up the first commercial button making enterprise. Originally from Gloucestershire, he had been a soldier in Europe during the Thirty Years War but returned and married a girl from Wardour before settling in Shaftesbury. Having seen the direction of European fashions he believed that 'Buttoney' would become a thriving industry.

His first buttons were made in a small workshop. Later buttons for the growing trade were made by outworkers working from their homes as piece work. A good buttoner could make around six dozen (72) buttons a day and could earn up to three shillings. Buttons sold at retail for between eight pence and three shillings a dozen. Some farm workers worked farmland during daylight hours, button making in the evenings or in winter. Most though were full-time button makers. This outwork became the norm and became an important source of income for many families, and for those too old to work in the fields.

Abraham's sons Abraham Jr. and Elias continued with the business, Elias opening a second depot at Bere Regis. By 1720 there were agencies at Milborne St. Andrew, Sherborne, Poole, Langton Matravers and Tarrant Keyneston.

Originally, these were made on a disc cut from the horn of a Dorset Horn sheep, which was covered with needle-worked thread. Wire was imported by wagon from the Midlands, then twisted into



rings and soldered. These ring formers replaced the previous horn discs and began the characteristic Dorset styles of the wheel buttons. Ring making was carried out by children working as 'Twisters' who formed the rings, 'Dippers' who soldered them shut and 'Stringers' who tied them into strings for distribution to the button makers.

Linen yarns and fabric were used for quality and commercial work, although some early buttons for local use used cheaper woollen yarns from local herds. Most buttons were produced in their natural colour, but could be dyed to match garments. The use of multiple yarn colours is a predominantly modern trend. Dorset buttons were known and traded widely, but it was a long time before there was a recognisable industry to them.

Buttons were graded by quality. The finest, export grade, were mounted onto pink cards. Domestic quality buttons were set on dark blue cards and the lowest quality ones onto yellow cards. By the end of the 17th century, Buttoney had grown to become an important industry, controlled within the Case family. A great many peddlers and hawkers were registered in Shaftesbury, far more than in any other local towns. An Act of Parliament, passed in 1699, restricted export of on woollens and affected buttons "*made of cloth, serge, druggat, or other stuffs*". The Act would remain in force for two hundred years, but in practice appears to have little lasting effect on trade.

The Reporter Meeting

JUST to let you all know how resourceful and 'with it' your *Reporter* team is! We decided that no matter what was happening in the wider world our *Reporter* meeting was going to go ahead as usual in April.

Therefore, instead of our usual practice of meeting in the Wright house, drinking tea and eating chocolate biscuits, we decided to have an online gathering. This was a big step for some of us, but we were up for anything.

Guided by a very patient Jo, we dutifully logged on at the allotted time. Pete popped up first, then John and a reluctant Josie, next was our worthy editor, David, Heather appeared sideways, then at various angles and positions throughout the meeting, and lastly Carole, our secretary, brought some order to the proceedings.

When you spoke, your close up loomed large on the screen, so we had to be careful what we said, as all heard little asides!

We did get through the meeting and followed the agenda, coping with people suddenly disappearing off screen occasionally.

It was a little nerve-racking and occasionally hysterically funny, but we did it. What's more we are doing it again in May!

From your indefatigable Reporter team.

Thanks Be!

IN spite of the Coronavirus, we are so very lucky in Milborne St. Andrew. Sarah, Andy and Jo at The Royal Oak are serving up lovely meals on Wednesday, Thursday, Friday and Saturday evenings, even delivering them to we elderly folk, as well as keeping the Village Lunch alive and well!

Philip at the Post Office is helping to keep communications open with friends and family far and wide.

Glenn and his team at the shop are doing a wonderful service to the community providing us, safely, with food and drink, aided by the kindly volunteers ensuring that safety rules are adhered to.

The fish and chip van provides us with a tasty meal on Friday evenings, once again ensuring that safety measures are in place.

Just up the hill towards Dewlish we have the wonderful Milborne Wood, a place to lift your spirits full of peace and beauty, a place of



calmness in a mad world. There we can find bluebells, primroses, anemones and wild garlic to name just a few of the flora, hear woodpeckers and, if you are lucky, see roe deer.

Keep safe everyone and thank you to all those who are helping to make this time of Lockdown easier for us all.

Lis

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Sorry, what did you say? Pardon? What? Can you repeat that?

ABOUT 11 million people have hearing loss across the UK, that's around one in six of the population. More than 40% of people over 50 have some degree of hearing loss and that rises to 71% of people over 70. Deafness is often ridiculed in a way that would be unacceptable if it was blindness. Hearing aids are also a subject which attracts mockery. However, having any degree of hearing loss is no joke. It can affect every aspect of life and can lead to isolation, frustration and unhappiness. Hearing loss can increase the risk of dementia by up to five times, but evidence also suggests that wearing hearing aids may reduce these risks. Many more people could benefit from hearing aids than are currently doing so – only around 40% of people who need hearing aids have them. Evidence suggests that people wait on average 10 years before seeking help for their hearing loss and that when they do, GPs fail to refer 30–45% to NHS audiology services.

Having endured a long wait for an NHS referral and then a further even longer wait for my hearing aids to be fitted, I felt a great sense of relief when I finally went to the hospital to have them fitted. On leaving the audiologists room I was instantly aware of how very noisy everything was. My footsteps sounded like a giant stamping and the rustle of my coat seemed loud and very strange. Even the sound of my own voice as I greeted my husband sounded alien and I suddenly felt very fearful.

This feeling increased as we left the hospital and encountered roaring traffic and crowds of people in the lift of the multi storey car park. It was really overwhelming and I struggled to cope with all the different loud sounds which seemed to be coming at me from all sides. I'm not normally a nervous type but I found myself on the verge of tears and felt unexpectedly very weak and vulnerable.

I was so glad when we reached the safe haven of home, coming through the front door of my house was such a relief but this feeling was short lived. The noise of the dogs greeting us and the scrabbling of their claws was such an unexpected shock and as I poured their dog biscuits into their metal bowls it was almost painful. Everyday sounds like the scraping of knives and forks on plates, gushing water from the taps, and the hum of the oven operating was not just loud, but excruciatingly loud and frightening and made me flinch. I clung to the reassuring words the audiologist had said "your brain will soon adjust to the new levels of sound and you will get used to the new normal".

I sat down in the sitting room to watch TV and was able to turn the volume down a lot. It made me realise how much my long-suffering husband has had to put up with over the years.

I was exhausted and couldn't wait to have an early night. Getting undressed in my bathroom was like removing layers of rustling cellophane, also certain bodily functions which I thought were silent and discrete now seemed noisy and obvious. Taking out the new hearing aids was also strange, suddenly complete silence reigned.

The next morning, I stomped and rustled down to breakfast with my hearing aids in and my ears were immediately assaulted by a cacophony of the radio blaring, boiled eggs rattling like thunder in the pan, the kettle coming to the boil, the dogs noisily crunching their biscuits and my husband blithely whistling. To add to the effect, I could also for the first time hear the dishwasher whirring, the fridge humming when the door was opened and even our normally silent wall clock was ticking loudly. When the toast popped up and the timer for the boiled eggs went off it made me physically start. Slicing the toast into soldiers was like loud sawing and as I sipped my cup of coffee, I was aware of making a very rude slurping noise. It was like being transported to Giant Land where everything is 10 times louder than it should have been.

Luckily by the end of the second day, my hearing had become a bit less sensitive. I began to forget I had hearing aids in for short periods and I no longer felt a sense of fullness inside my ears. The bliss of hearing conversations more clearly and completely was wonderful, not missing half the words and having to pause and guess what was being said.

Travelling in the car after three days, I realised that the windscreen wipers were no longer clunking and the car engine didn't sound so much like a tractor starting up. In the pub for lunch it was a bit overwhelming to be in a crowd for the first time and I still had to ask some people to repeat what they had said but it was great to be able to overhear what people were talking about on adjacent tables and I felt much more part of things and not so isolated.

One week into the hearing aid era and a couple of people remarked that I am speaking a lot more quietly, this is unconscious but I feel very embarrassed by the fact that I was a loudmouth before without really being aware of it. I can hear the doorbell ring quite clearly from anywhere in the house and I can also hear the faint rumble of our remote-control garage door. My husband is so relieved that I am no longer asking him to repeat things. I have been able to change the batteries in my hearing aids and have got into a new daily routine of cleaning my aids. It still feels really strange when I remove my aids at night, I feel a bit lost and isolated.

So, do I have any advice for anyone struggling with any degree of hearing loss? First of all, you have to admit that you (and your friends and family) have a problem and it may get worse. Don't just ignore it, speak to your GP and take their advice. Be patient, there are waiting lists, don't wait until life becomes unbearable. Listen carefully to the professional advice you are given and ignore what other people may tell you about their negative experiences. Persevere with your hearing aids and don't give up, it takes time to adjust so don't expect perfection straight away. In fact, accept that your hearing won't ever be perfect but it can be improved hugely. Keep your sense of humour and remember that you can still choose to practice "selective deafness" by discreetly taking out your hearing aids when faced with someone loudly hectoring or being dull and boring. Bliss . . .

Rose Frost

P.S. I've just returned from a long walk through open fields with my dogs and heard the joyous sound of a lark singing its heart out – first time for years, priceless really.

Milton Abbas Surgery

THESE are trying times for everyone and we all need to heed the advice given to us to ensure we stay safe and well. The staff at the surgery are doing everything they can to support our patients and continue to provide high levels of care to everyone. We ask that people follow the guidance given at <https://www.gov.uk/coronavirus> and help protect our healthcare teams.

On a more positive note, we are delighted to say that the MATCH committee have agreed to fund a new dermatoscope and lead for Milton Abbas Surgery. This is a tool that facilitates assessment by illuminating and magnifying to reveal layers of skin, whereas examination using the naked eye or a magnifying lens only shows what is on the surface. This tool will assist the GPs in assessment of skin lesions and the support from MATCH to purchase this piece of equipment is very much appreciated.

Gillian Brindle



THE BENEFICE OF PUDDLETOWN, TOLPUDDLE
AND MILBORNE WITH DEWLISH
PART OF THE CHURCH OF ENGLAND IN THE
DIOCESE OF SALISBURY



When the church is closed the presence of God remains

The past few weeks (as I write, we are still in lockdown) have been unusual times. They have raised all sorts of fears and questions, made us aware of our own and others' vulnerabilities, faced us with disruptions to normal life and helped us recognise what it is we really value in life.

We are not the first generation to live through something so big and beyond our control that normal life has been suspended. Plagues and pandemics have happened before and no doubt will again. I'm ever thankful that I live in the 21st century rather than, for instance, in the 14th when the Black Death arrived. We have far greater understanding now of how to limit the spread of this disease and we are able to stay more connected through technology with people we care about.

But some things are the same. We today are faced with the fact that human beings can't control everything and that something hidden is causing so much heartache and pain. The invisibility of the virus is one of the things that causes so much fear now as then.

Since the 16th century, people have found a particular spiritual exercise helpful to keep them grounded in difficult times. It originates with St. Ignatius of Loyola and reminds us that whatever we go through God remains present. You may like to give this simple version a go. If doing it each day sounds too much, why not try it once a week?

At the end of each day ask yourself these questions:

- What has been good this day? What has brought joy?
- What has been difficult today? What has made you sad?
- Where has God felt close to me today?
- Where has God felt far from me?

You could then turn your answers into prayers: thanking God for the good things and the times when we've felt close by and reminding yourself that God doesn't leave us in tough times. Perhaps you might like to pray for others in dark and difficult places and ask God to bring hope.

Undertaking something like this reminds us that God is not confined to our church buildings but is everywhere, and cares about every aspect of our lives: good and joyful, sad and painful. Jesus experienced all human emotions and can relate to how we feel, regardless of whether that is happy or hopeless.

Best wishes

Sarah

Reflection of the effects of Covid19 in Milborne

WHAT a month April turned out to be. A new and very different way of living for all of us. There are many things that we miss especially meeting and socialising with relatives, friends and in the village groups due to the prohibition of social grouping. The instructions to close many public buildings, which are considered to be non-essential, has affected many businesses. This ruling has included the closure of churches which means that we cannot hold services in St. Andrew's church. However, Rev Sarah has learned new skills in producing YouTube video mini services. These have been gratefully viewed by many of the regular congregation. Also, closing the church means that our bells have to remain silent for the near future; if the building wasn't closed, we would have rung them on Thursday

nights to say a big thank you to all keyworkers and NHS staff.

Thankfully the 'social distancing' seems to have kept most of us safe and has given us a chance to catch up on jobs that have been put off for a long time. I have been lucky to be able to take 'one solitary walk for health' on a daily basis which has given me time to appreciate the beautiful countryside around us and God's creations. It seems to me that without too much traffic noise, planes flying over and less people out and about the sound of birdsong is more noticeable.

By the end of this month we will have a clearer idea of the future of our country; we might know about the negative affect of the closure on business, of personal losses of relatives, friends and neighbours, those who have suffered from emotional issues, etc. However, an end will come to this strange situation and the country will recover.

Stay well, keep safe.

Pam Shults, Churchwarden

Lockdown store cupboard recipes

1. A delicious chocolate bread and butter pudding suitable for bears and children:

Slice eight hot cross buns in half spread with marmalade and place upright in buttered ovenproof dish. Scatter with 75g dark chocolate (maybe a left over chocolate egg). Beat three eggs with 250ml whole milk, 100ml cream and 25g caster sugar pour over buns. Scatter with pieces of 50g butter. Cook for 30-40 minutes at 180°C. Serve hot with extra cream or custard. (Courtesy National Trust)

2. Orange French Toast

Whisk 2 x eggs, orange zest, 60ml whole milk and ground cinnamon in a bowl. Soak 2 x large thick slices of white bread (or 4 x smaller slices) in this mixture. Bring juice of an orange, 75g marmalade and 50g caster sugar to the boil in a saucepan, then turn the heat down to a fast simmer for 3-4 minutes. Let it stand while you cook the bread. Heat 1 x tablespoon butter in frying pan and cook eggy bread for about two minutes each side over a medium heat until golden. Serve the French Toast with some of the amber syrup poured over each slice and a jug of extra syrup on the side.

3. Indulgent Ice Cream

Ingredients are simple. Large family size coffee Ice Cream block (or Neapolitan or Vanilla) One Mars bar. Melt Mars Bar in a bowl over simmering water and pour over the ice cream. Additions could be chopped nuts, bananas, hundreds and thousands, other fruit such as stewed plums with ginger syrup or apricots.

4. Chocolate Pistachio Fudge

Put 150g chopped pistachios, 350g chopped dark chocolate, 1 x can condensed milk, 30g butter and pinch of salt in a pan over a low heat. Stir to melt. Bash pistachios to mixed sized pieces in a freezer bag. Add to melted chocolate mixture stir well to mix. Pour into a foil tray 23cm square. Smooth the top. Let the fudge cool and refrigerate until set then cut into small pieces 3.5cm x 2.25cm. Can be eaten straight away. Keep in freezer. Should make approx.60 pieces.

Carole Fornachon

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or by telephone on 01305 849039

Knitting a Teddy Bears' Picnic



STUCK at home and need something to keep you busy during these weeks of isolation? Why not join in and help us to create a big Teddy Bears' Picnic! You can knit, crochet or sew bears in any way, shape, form or colour you like; or make some food for them to eat; or a blanket to sit on – no limits to your imagination! Think of a sunny summer's day when we will hopefully all be outside again celebrating better times, and let your imagination take over.

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We are hoping to display our creations later this year, and then sell the items to raise money for Royal Voluntary Service.

So get started now and let me know what you are making; once we are able to we will either pick your creations up or you can post them to our office in Dorchester.

Any questions please contact Maria Jacobson, Service Manager Dorset Home Library Service, tel. 07786 635154 or e-mail maria.jacobson@royalvoluntaryservice.org.uk.

Keeping calm and carrying on . . . but are we too selfish to cope?

DURING this COVID-19 pandemic we were being asked to protect the elderly and infirm, people with existing lung conditions or suppressed immune systems, the most vulnerable in society. Doing whatever was necessary to stop the virus spreading is, much like vaccinating our children against measles, not just about protecting our own interests but putting the wellbeing of the herd first. The trouble is that we all know what has happened to vaccination levels across the west, as a minority of parents seemingly decided the herd was someone else's problem. And so it has proved to be, we didn't comply. It has therefore come to pass. Personal sacrifices, lockdowns, school and park closures, empty streets and cancelled holidays, shortages in the shops and a serious disruption to global supply chains have not halted the rise of the numbers infected and dying. China exhibited brutal sweeping measures that only the most authoritarian of states could muster. Banning travel, reportedly even nailing victims' front doors shut, in some cases to stop them venturing out. Yet what can be made to work in a society where everyone fears the consequences of disobeying authority, and where the concept of collective sacrifice for the communal good is drummed in from childhood, won't translate easily to European democracies. In February there were 66,000 cases in China, and only 505 in the rest of the world. So most of us presumed it was predominately a Chinese problem. However this view was not shared by the WHO Director, Tedros Adhanom Ghebreyesus. The Observer quoted him as responding to the lack of urgency in the international community. In his speech he said "We're not just fighting and epidemic; we're fighting an infodemic. Fake news spreads faster and more easily than this virus, and is just as dangerous" And if we don't tackle this, he went on, "we are heading down a dark path that leads nowhere but division and disharmony".

When death came to the village of Eyam, it was probably hidden in a roll of cloth. Bubonic plague is thought to have been carried to this remote corner of Derbyshire from London back in the 1660's by infected fleas, trapped in a bale of fabric ordered to make costumes for a festival. The sickness spread fast, killing dozens of villagers and leaving many on the verge of panic – but then something extraordinary happened. The rector of Eyam, believing it his duty to spare neighbouring towns from infection, persuaded his parishioners to take the astonishingly self-sacrificing step of sealing themselves off from the world. They would live or they would die, but nobody would leave until the sickness burnt itself out. One mother is said to have buried six of her children, yet by staying must have saved countless other women from the same fate. It is impossible to read the story of Eyam without wondering who on earth would be capable of such selflessness now. When it came to the crunch, how many of us would secretly have more in common with the local squire, who fled after the first few deaths and left his neighbours to their fate? Compared with 17th century peasants, modern Britons simply aren't enormously used to the idea of sacrifice for the supposed collective good. How many current women and men of God or even of modern politics, have this power over their congregations/electorate? The unspoken fear is obviously that there may be more than enough economic disruption with efforts to contain the virus hampering the free movement of goods and people around the world. The modern equivalent of Eyam's bolt of cloth is lorry drivers shuttling between factory depots, or middle managers flying to and fro from meetings, meeting and greeting and sneezing and coughing as they go. This isn't just a test of clinical resources but a test too, in some ways, of Britons' willingness to put ourselves out for others. Thankfully this isn't another Eyam. As the political theorist Yascha Mounck pointed out recently, distancing was just about the only thing that worked with the 1918 Spanish Flu epidemic. In the online world, he asks, maybe we need something analogous. Perhaps a bit of self-discipline? But we have a choice about whether to be vicars or squire all the same.

Carole Fornachon

Tip of the month for May 2020

AS I am typing this message I can see outside to a beautiful spring afternoon, but as we are all in lockdown, I am sure you will be acutely aware that contact with the outside world is extremely limited for the time being and so it is easy to become isolated.

Age UK estimates that at least a million older people are lonely, however young people can also suffer from loneliness. Research has shown that loneliness can be as harmful to our health as a condition like diabetes, or as damaging as smoking fifteen cigarettes a day.

Loneliness can also increase the risk of people falling victim to scams, as the prospect of making conversation with another person can make them more willing to engage in a phone conversation with an unknown caller, or to respond to emails or letters. Therefore it is important to maintain vigilance and not to respond to unsolicited communications.

Whilst our options for helping or seeking social contact are limited at present, there are still things that we can do to help someone who is lonely, or even if we are feeling isolated ourselves, such as keeping in contact with family and friends by phone, email, writing a letter or volunteering.

You can find out more about volunteering by contacting your local council, details below:

- Dorset Council
- BCP Council

The Neighbourhood Watch Network has created a campaign called 'The Calling Tree', which is a simple method of keeping in touch, for more information go to their website – Neighbourhood Watch Network – The Calling Tree

Keep well and stay safe.

Elaine Ryan Resilient Community Co-ordinator



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Uncertain times at Ladybirds

IN this time of uncertainty we would like to reassure families that Ladybirds are ready and will be opening as soon as Government give us the go ahead. All toys and equipment have been cleaned and disinfected. We take our responsibility to keep your children safe and well extremely seriously. Working from a community hall does have its challenges and we have done everything within our power to make this the safest and most interesting place for your little ones to socialise and learn through play with others.

To help us plan for the future please contact Liz for registration packs if your child is two or over and will be looking for a place at Ladybirds from September. liz@milborneladybirds.com or 07771 512427.

Liz Dyer



Escaped

This bear is lost! All of his friends are on page 27, but can also be seen around the village in windows of houses; upstairs, downstairs, with companions or solitary bears. Have you spotted any on your travels? There's also lots of colourful artwork on show, rainbows to celebrate the NHS and other cheerful pictures, as well as a magnificent balloon rainbow!

Milborne Ladybirds

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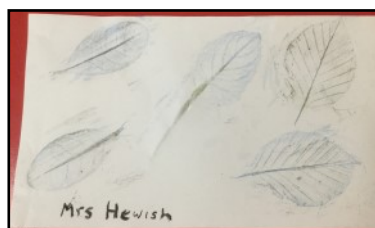


MILBORNE ST ANDREW FIRST SCHOOL

Learning together and having fun SCHOOL NEWS



Staff have been busy with activities both here at Milborne school and at Piddle Valley. We have joined in with Joe Wicks for a daily workout and Miss Wittman recorded wake and shake videos (that are now on YouTube) for Milborne Movers to dance along to.



We continued our enthusiasm for OE by collecting some leaves from the grounds and carried out some leaf rubbing.

Before school closed with the Government's announcement Milborne St. Andrew First School went to Dorchester Library for World Book Day. Raccoons class learnt about the "Dewey" system which helps you find specific information books in library. The children were able to issue books and take them home. Here they are sharing their books in the sunshine.

With thanks to Friends of School for making this possible.



CONTACTS

If you require any information about the school, including admission details, or would like to arrange a visit please contact the school office

Headteacher: Mrs Sharon Hunt

School Secretary: Mrs B Hosford

Chair of Governors: David French

FOS Chairman: Marie Chappell and Natalie Dennis

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A Birthday Treat

THE glacial majesty of fjords and their southern cousins the calanques first fired my imagination as a child. Joseph Conrad's writing brought them to life in a way that trapped them there waiting to be released. When a rail and sea holiday crossed my desk last year offering a chance to travel to Norway for four short days in February I seized the opportunity. One brief flight to Oslo followed by a sleek, sophisticated and punctual train transported us four hours North into the mountains. Iced

settlements and glistening frozen fjords passed our window. Unspoilt wildernesses, snowy peaks, pastel painted clapboard houses and stations all rushed past.

We were heading for Flam on the magnificent Sognefjord, at 128 miles long and 4,291 feet deep known as the "King of Fjords", the longest deepest fjord in Norway which cuts deep into the heart of the country. From there we would catch the famous train on the Flamsbana



railway. This, the guide book guaranteed, "stunning views of mountains, waterfalls, picturesque hamlets and curious looking rock formations". After a night's stay a two hour post boat trip to Gudvangen through Aurlandsfjord. Then a bus to Voss, the largest winter sports resort in Norway. From there to Bergen by train, then back to Oslo. It was all irresistible,

glamorous and intensely exciting. Difficult to sit still in my comfortable seat whilst rushing from one side of the carriage to the other taking photographs, dodging the enormous skis carried by newly embarked travellers. Noting the increasing amounts of snow as we travelled north, the station of Gielo (a centre with 33 alpine pistes and the destination for the skiers on board) with its mustard coloured station building and several pine trees became suddenly obliterated. My picture was a blur. What could have happened to the view? Stopping abruptly, engine noise gradually ceased and we all awoke as from a dream. What had happened to our smooth onward progression? Desultory conversations broke out amongst previous strangers, feeble jokes made, children ran about



obstacles to clear our way, promise to rearrange, to soothe our indignation, basically, to care.

Two hours passed as exhausted passengers sank back with only other strangers to share the experience. Many queued to buy expensive goodies, the supply of which soon ran out. After two hours of intense discomfort when the ambient temperature reduced in the carriage and the heat of disbelief had cooled, the same voice calmly



unhindered, then the blow fell. A disembodied voice informed us that "This train is going no further".

After a brief silence the Babel of different languages rose as mobile phones were wielded. Recipients were relatives, friends, agents, employers, insurance companies and lawyers. The air was thick with indignation and entitlement. Disbelief and gradually anger, reigned. Fear was still a long way off. Recompense had to be made, the outside world had to realise our plight and sympathise, move



announced that an engine was being sent from Oslo (four hours away) to pull us back to Oslo. Another flurry of activity produced the terrible news that flights arranged for some were also cancelled and their confident superiority reduced them to the rank and file of us ordinary folk who held onto the faint hope of an insurance claim in the future. During those two hours, however, fear for our wellbeing crept in. It was heightened by the apparent lack of concern shown by the management of the

railways. No staff had been seen, no personal touches had been discerned, no free coffee offered. Perhaps this is the Scandinavian way?

As soon as the engine appeared and the juddering associated with its connection to us the atmosphere lightened. Back we went . . . backwards from whence we came. All that remained was to fire up the mobile phones and arrange somewhere to stay for the next three nights in Oslo. Ten hours later as we climbed stiffly from the train I remembered . . . it was my birthday.

Carole Fornachon



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New homes plan resubmitted for Homefield

DEVELOPER Wessex Strategic has confirmed that it has prepared and submitted a revised planning application for homes and a new dedicated building for Milborne Ladybirds on the Homefield site. Lucie Brailsford, for Wessex, says that the detail of the fresh application very much follows the previous application while seeking to deal with the reasons given for refusal of that application. The original plan was turned down by Dorset Council, which said that any benefit of the scheme would be outweighed by "substantial harm" caused to a number of buildings and the Conservation Area.


The revised planning application, Ms Brailsford says, "is for up to 85 dwellings, 40% of which will meet affordability criteria, and features a range of housing types from one to four bedrooomed properties, including bungalows. As with the previous planning application, the central part of the site will remain undeveloped to provide a large area of open space with orchard planting, native meadows and walking routes. A 5.8 hectare green 'SANG' (Suitable Alternative Natural Greenspace) habitat and walking area to the south of the Sports Club will also be opened to the community as part of the proposal."

More information on the project, which is at outline stage to determine access, will be provided in next month's *Reporter* and each household in Milborne will receive details of the development in the post.

In the meantime, anyone wishing to contact Lucie can do so on 01278 671244 or lucie@seaxburh.com *Ed Richards*








Artist's impression of the Ladybirds building, part of the proposal for Homefield.



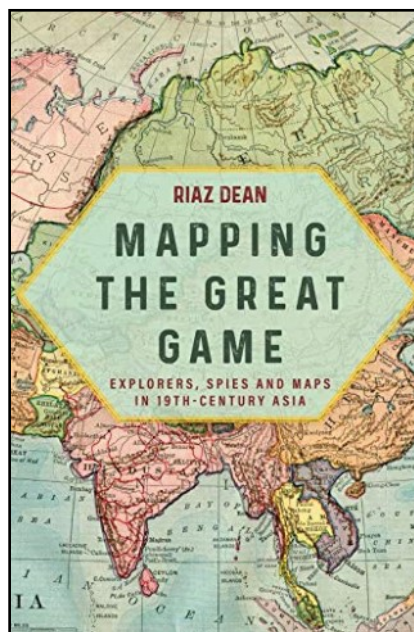
Have you got a funny story you'd like to share? Or joke, anecdote or anything that would make us and the village chuckle?! The Reporter would love to share your funnies, so get in touch:

msa.reporter@yahoo.co.uk,

[facebook.com/MilborneReporter](https://www.facebook.com/MilborneReporter) or see one of the team.

Mapping the Great Game – Explorers, Spies and Maps in 19th Century Asia – by Riaz Dean



THIS book tells the story of how the areas where India, Nepal, China, Tibet, Afghanistan, Russia and Persia border one another were mapped. On the surface the subject matter appears quite dry, but place that activity in the context of 'The Great Game', when Britain, Russia, the Ottoman Empire and China were all jostling for influence and position, with their politicians and armies wanting to expand territory for trade and wealth, and the dry tasks become a backdrop for secret missions, spies, surveying equipment

hidden in prayer wheels, and all sorts of exciting and adventurous events.

At the time the explorations started, geographers were still trying to work out the sources of India's great rivers, the Ganges, Jumna and Brahmaputra. The difficulty of tracing these rivers, on foot or horseback, through territory populated by bandits, brigands or tribes who did not welcome visitors, at heights many thousands of feet above sea level, in temperatures regularly well below zero, may seem unnecessary to those of us used to Global Positioning by Satellite, but to geographers in those days, filling the great empty spaces on maps was a challenge worthy of the effort for its own sake. And of course politicians looking to defend empires, trade and wealth were always on hand to fund the expeditions, however sparingly.

The book touches on the political situations which led to the first and second Afghan wars, which seem somewhat similar to those that led to the one that took so many lives in the twentieth century. It also gives some details of the political manoeuvring between power blocs, and the changing of sides which seems to have been fairly constant throughout the nineteenth century as the Ottoman empire faded.

I learned a lot about George Everest, after whom Mount Everest was named, and General Konstantin Kaufman, a Russian explorer who had a mountain named after him, sadly renamed Lenin Peak after the Russian Revolution. I learned even more about the Pundits and other Indian native explorers, trained as geographers by the East India Company, their surveying methods and the stories of their expeditions to explore throughout India (the Great Trigonometrical Survey) and beyond. The technical details of getting a consistent measuring chain and triangulation points could have been very dry, but the author presents them in a way that interests and entertains. Each major expedition has a chapter, and brings vividly to life the way the surveyors lived, the incredible work they did, the risk to their lives and how it was a matter of fate or 'friends in high places' as to how much credit each received for his or his team's efforts.

As expected for Victorian times, the work headed by the Indian Native explorers rarely got them the credit they deserved. Some of this has been rectified since. Much of the wealth of the UK has its roots in the wealth of India and its people, and but it would be wonderful to see a modern documentary showing the work these men did, and perhaps seeing one or more of them honoured on our currency.

I recommend this book to anyone who is interested in Geography, in nineteenth century history, or who just wants a greater understanding of modern political alliances and conflicts. *Susan Wilson*

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Unusual sight on Easter Monday

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through The Square . . .



New Assistant Chief Constable Appointment for Dorset

DORSET Police's Chief Constable James Vaughan is delighted to announce the appointment of a new Assistant Chief Constable for Operations to the Force.

Chief Superintendent Samantha (Sam) de Reya was successfully selected on Friday 24th April 2020 following an appointment process, supported by Dorset Police and Crime Commissioner Martyn Underhill, Dorset and Wiltshire Fire and Rescue Service's Chief Fire Officer Ben Ansell and Deputy Chief Constable David Lewis.

Sam's most recent role was Commander for North, East and West Devon at Devon and Cornwall Police leading frontline policing services, investigation, neighbourhood policing and partnerships.

She joined Northumbria Police in 1996 where she was a police constable, detective and tutor, transferring to Devon and Cornwall Police in 1999. She has enjoyed a broad and challenging career including leadership roles as a local police area commander, crime investigation manager, Public Protection Unit supervisor, head of the Professional Standards Department and lead for a major forcewide IT change programme.

As Devon and Cornwall's lead for the police Code of Ethics, championing ethical behaviour in the service, she is vice-chair of the Force's Ethics Committee and remains co-chair of the South West Regional Police Ethics Network. She completed the national Police Strategic Command Course in March 2020 and is a graduate of the FBI National Academy in Quantico, Virginia.

As a senior female police officer and former gender representative of the Police Superintendents' Association, Sam is actively involved in supporting equal opportunities and inclusion. She established the South West Women in Leadership programme in 2013, to help female police personnel to fulfil their full potential.

Chief Constable James Vaughan said: "I am delighted to appoint Sam to this crucial role and I look forward to welcoming her into the Dorset Police family in early summer."

She has a wealth of experience in a range of policing roles and will be a valuable asset to the Chief Officer team.

Dorset Police and Crime Commissioner Martyn Underhill said: "Sam has had an incredibly varied career within policing and I am sure the Force will benefit from the high levels of expertise she will bring to the role. She will be a valuable addition to the Chief Officer team and I look forward to working with her."

Chief Superintendent Sam de Reya said: "I'm thrilled to be joining the brilliant team at Dorset Police and feel privileged to be taking on the role of ACC Operations. I am looking forward enormously to getting to know people and communities across Dorset."



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All these things may seem small to you but it does make all the difference in time saved later.

Reducing my carbon footprint – stuff

NEARLY everything we consume uses energy to produce it and transport it – from small consumables like toilet paper (20g CO₂ per 100 sheets, non-recycled) through to larger items like washing machines (250kg CO₂) and cars (around 6,000kg CO₂ for a medium-sized car). Of course, a lot of stuff is not used by us directly but is in hospitals, schools, businesses, etc, but the manufacture of stuff accounts for around half of carbon emissions.

The British government often proudly reports how much we have lowered our carbon emissions. That has mainly been achieved in two ways: switching electricity production from coal to gas (and partly to renewables) and closing much of UK manufacturing. Just because the stuff we consume is not made here, does not mean we are not responsible for its carbon emissions. And of course China has much dirtier electricity and there are the emissions of transporting goods around the globe (150g CO₂ per kg of stuff shipped from China to the UK).

We are constantly bombarded by adverts to get us to consume more stuff. I too can succumb to these tempting offers but now try my hardest to resist. I thought we had reached 'peak stuff' but clever people are always inventing new things that we never knew we needed. Also, since companies always need to sell more stuff, they build in obsolescence. I had to replace my eight-year-old iPhone 4s because Apple no longer update it and most of the Apps stopped working. Other products are made difficult or not cost-effective to repair. For example, the main bearings of a washing machine cannot be replaced separately (they used to cost about £10) but are part of the complete drum (£250).

I now try and buy most of the equipment I need second hand – there is so much nearly new stuff on eBay. Even our car, kitchen and washing machine came from eBay and Gumtree. When we buy new things, I try and buy the best quality (longest guarantee), that will last the longest and from a company that sells spare parts. This not only uses less energy but is cheaper in time and money in the long term – I have wasted too much time replacing or trying to bodge cheap stuff.

Also, I love repairing things – ever since I was a young boy. There are repair cafés in Dorchester and Blandford to help less practical people mend their stuff – maybe if there is an interest, we could have a repair café in Milborne. We are also members of the Dorchester Exchange Trading Scheme (LETS) (<http://www.dorchester-lets.co.uk/>) where members, amongst many other types of trading, can loan tools to and mend things for other members. It is a friendly group, always looking for new members.

It is interesting writing this under the Covid-19 lockdown. It is more difficult to buy stuff although Amazon seems to be very busy. Many have been given the time to reflect on what is important and to appreciate what we have both now and in more normal times. For those at home and without other responsibilities, it's also been a good time for spring cleaning and having a clear out. Having less stuff can often result in more time and space for the things you enjoy in life.

So, I try to follow Reduce, Reuse, Recycle, Repair, Refuse (the question here is whether the last resort is the *refuse* bin or is it that I *refuse* to buy it in the first place?!)

Next month: Concrete, flying and the internet.

Andy Mott

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Walking with Butterflies

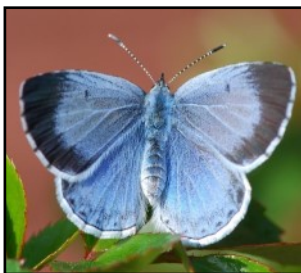
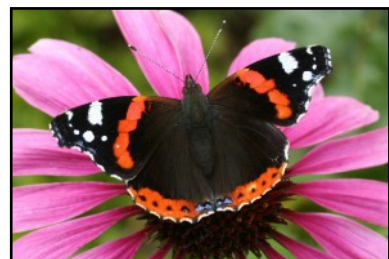
THIS spring, with the hours of glorious sunshine and the obligation to minimise our social activities, has been the most wonderful opportunity to investigate some of our local walking routes and open access areas. My partner and I have walked paths we have not used before and seen some of the beautiful views we have not enjoyed previously.

The good weather, with last autumn's rain combined with a warm winter, have made a good start for the butterfly population. There are always a few stray butterflies that come out on warm days in the winter. These are usually Peacocks with their eye-like roundels on all four wings, Red Admirals with the bold red zig-zag stripe and Small Tortoiseshells having a rippled blue edge to the wings. All these overwinter as adult butterflies. They come out on the off-chance that they can top up on the nectar of winter flowers like mahonia and sometimes Ivy. Small tortoiseshells have been in much smaller numbers in recent years, as they have been preyed upon by a parasitic wasp that lays its eggs on the caterpillars, which then die before they can mature to pupae. However, all three of these insects require stinging nettles to lay their eggs as that is the plant of choice for the caterpillars. Keep your eyes out for groups of black caterpillars on the stinging nettles, as they will end up producing these delightful coloured butterflies.

If the Small Tortoiseshells are successful, they will breed again in the same year up to three times. The next butterfly that is often seen early in the year is the Brimstone, a bright yellow fast flying butterfly that lays its eggs on Buckthorn. There is now quite often confusion between two of our smaller butterflies. One, the Orange Tip, is quite obvious as the male has bright orange tips to its wings, but the female has no orange



on it at all, so is readily confused with the Small White. The main difference between these two females



is that the Small White has a much fainter black spot on its wings than the female orange tip, which also has a grey-

black tip to its wings. The Orange Tip lays its eggs singly on the seeds of the plant Jack-by-the-Hedge. It is important to lay singly as the caterpillars are cannibalistic if they encounter another of the same species. These always overwinter as a pupa as do the next two species. The Small White, along with the Large white are well known to gardeners as they love cabbage plants for their caterpillars. As caterpillars, each species can be differentiated by their colour, as the Small Whites are even green and the Large White are speckled green. Holly Blues are a small bright blue butterfly that hibernate as a pupa and in spring lay their eggs on the buds of Holly, then when they have a second brood in late summer they lay their eggs on Ivy buds as the Holly by this time is making berries. The one other butterfly to be seen in the spring is the Speckled Wood, dark brown with yellow-orange splashed spots, not surprisingly seen in woods and thick hedges. Its foodplant is one of a number of grasses and often has two broods a year. It can overwinter either as a caterpillar or a pupa.

All these butterflies we have seen on a five mile walk round the village this year in the third week of April. Yet there are still more as the summer comes, so look out for Marbled White, Meadow Brown, Gatekeeper, Silver Washed Fritillary, Comma, other Blues and Painted Ladies, the last of which appeared in vast numbers here last year having migrated from Morocco. You may be also lucky enough to see some of the more elusive butterflies, so keep looking.

Pip Bowell

A tale of kindness and severe bad temper

MY wife and daughter had had a lovely summer holiday cruise in our small yacht along the channel coast to Devon and were working our way back at the end of our break. Having had a couple of peaceful nights anchored at Shipstal Point, by Arne, we were carrying the end of the ebb tide out of Poole harbour in order to pick up the flood to carry us up to Yarmouth for our last night, when we saw another yacht aground and the occupants calling for help.



One of the rules of the sea is that we give aid when necessary.

Sooo, we changed course and very gingerly went to give help. We found that they were seriously grounded and that our small single cylinder engine was not powerful enough to be of assistance. Remember

that this was all going on on a falling tide. We managed to attract a motorboat powerful enough to haul them off and put them in clear water. Giving us a cheery wave they set off.

We, now, had to work our way out, backwards, of the diminishing channel so that we could continue our journey. No such luck. The tide was out and we were stuck! To say the least, I was not happy, having to wait for the tide to fill sufficiently to give us water under the keel. This, also, meant we had to fight our way out against the flooding tide from Blood Alley to Poole Harbour entrance thus delaying us even more.

When we, finally, got to Yarmouth there was only one mooring slot left. You must have guessed it, we had to lie along side the small yacht we had helped. I was not happy!

We, even, had to lend them mooring ropes and show them how to fit them. Then we discovered they had no charts, etcetera, and were using a child's school atlas.

I was offered a glass of whisky but that is the only time I have refused to drink with a neighbour. I was not at all happy.

Ian

Where was the editor when he took this photo?

This photograph was taken in the spring before the lockdown. He had not travelled more than eight miles, he was sat down and listening to an unusual sound. Answer on page 31.



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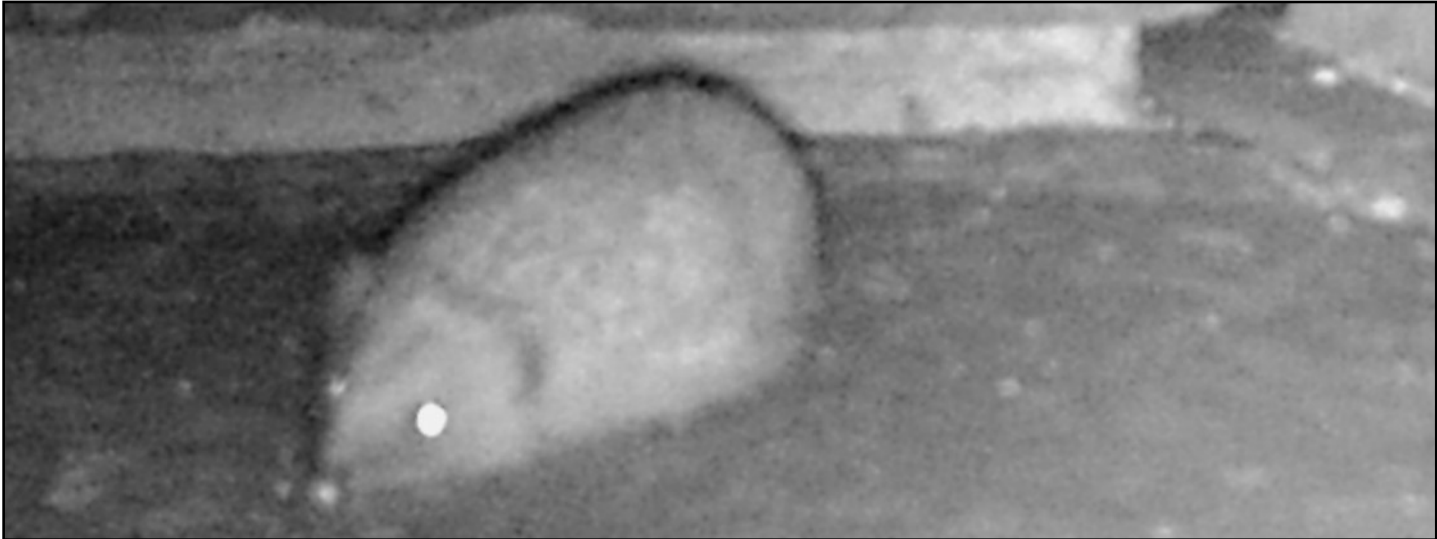
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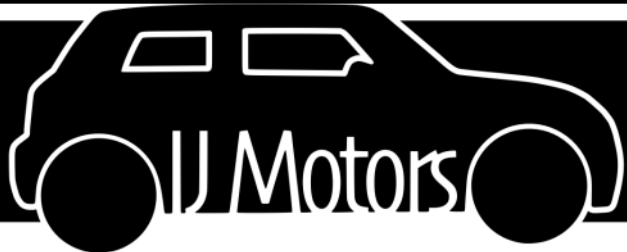


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Children's prize quiz

Children 12 and under can enter for free

Send your answers via e-mail to

msa.reporter@yahoo.co.uk by 14th May.

All correct answers will then be put into a hat and
the first drawn wins an Easter egg.

Questions

- 1 Which Language is spoken in Australia?
- 2 What is the name of the tree that produces acorns?
- 3 What is the highest mountain in Great Britain?
- 4 In the nursery rhyme what did Humpty Dumpty fall off?
- 5 Which fairy tale character slept for 100 years?
- 6 In which forest did Robin Hood and his Merry Men live?
- 7 What sort of animal is the video game character Sonic?
- 8 What is Doctor Who's time machine called?
- 9 What is a baby goat called?
- 10 What colour are sapphires?
- 11 What is the name of Harry Potter's pet owl?
- 12 How many days are there in June?
- 13 What is the name of the snowman in the film "Frozen"?
- 14 What magical item does Aladdin use to fly on?
- 15 What do tadpoles turn into?
- 16 What is the name of Peter Pan's pirate enemy?
- 17 What is the name of the hero in "The Lion King"?
- 18 What are the four oceans called?
- 19 What is the capital of New Zealand?
- 20 What is the name of the organ that pumps blood around the body?

Rules:

Children must live in
Milborne St. Andrew and
be 12 years old or under.

Winner's name and
photograph to be
published in the June
Reporter magazine.

Winner will be notified by
email on 15th May.

The Editor's decision is
final.



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Twenty questions 4 U 2 try

1. Name the seven hills that Rome was built on?
2. The world's first jet airliner made its maiden flight from London to Johannesburg in 1952. What model was it?
3. What was the name of the world's first national park and where was it?
4. Which 2007 film, the third in the series, was the most expensive film ever made?
5. What kind of orange is used to flavour Earl Grey tea?
6. What is the Greek word for fire?
7. Which ancestor of Noah is also the name of an oversized Champagne bottle that holds six litres?
8. Which Apollo 11 astronaut did not set foot on the moon?
9. FC Liverpool's signature song "You'll Never Walk Alone" comes from which musical?
10. Which British fashion designer is associated with the invention of the mini skirt and hot pants?
11. What is the capital of the Bahamas?
12. What is the middle name of Wolfgang Mozart?
13. If you dialled +33 at the start of an international call, which country would you be ringing?
14. What is the new name for what used to be John Hanning Speke Airport?
15. For what is the town of Whitstable in Kent best known?
16. Which English cathedral has the clock with no face?
17. Which western astrological sign is represented by the twins Castor and Pollux?
18. Which Scottish snooker player lost three consecutive World Championship finals between 2017 and 2019?
19. How long is the Great Wall of China?
20. According to the Bible, who was the first murderer?

No prizes, just a bit of fun. Answers on page 31

News from Trading Standards: Warning about scams

FRAUDSTERS are increasingly targeting the public and organisations with emails, texts, phone calls and WhatsApp messages offering advice and treatment for the coronavirus, as well as setting up fake websites selling products and offering 'cures'.

Scammers have also been setting up bogus websites asking for donations for victims or promoting awareness and prevention tips.

Cold callers have been contacting organisations suggesting they must have certain measures in place by a certain deadline.

To help members of the public protect themselves from becoming a victim of fraud, the advice from Dorset Council Trading Standard is:

- Be sceptical if you receive an email, text or WhatsApp message about the coronavirus, and never click on any attachments or links
- Never provide personal data such as your full name, address and date of birth – scammers can use this information to steal your identity
- Don't allow yourself to be pressured into donating money, and never make donations by cash or gift card, or send money through transfer agents such as Western Union or Moneygram
- If you think you've been the victim of a scam, then speak to your bank immediately and report any fraud to Action Fraud on 0300 123 2040



Further information on dealing with scams and fraud is available from the Citizens Advice Consumer Service at <https://www.citizensadvice.org.uk/consumer> or by calling their new freephone number 0808 223 1133.

Keep Culturally Connected with Artsreach

ARTSREACH are still working to try and bring us comedy, music, drama - even if it's online!

Dorset's touring arts charity Artsreach celebrates its 30th birthday in 2020 but, rather than bringing audiences, artists and volunteers together, the Artsreach staff team and Board of Trustees have had to make some difficult decisions in the current situation, cancelling live performances set to take place in community venues such as village halls.

The team continue to monitor the situation relating to the Coronavirus pandemic, listening to Government and Public Health advice and planning accordingly. The impact of this pandemic on our country is still unfolding but in the meantime, the Artsreach team continue to work remotely and are exploring how best to support our artists and communities at this time and in the future.

Artsreach is very grateful for the excellent support being given by our principal funders, Arts Council England and Dorset Council. We are working hard to explore what our next programme might look like, and as always, we will do this in communication and partnership with our fantastic team of volunteers across the county.

Digital Diary

In the meantime, until we can come together to enjoy professional performances once more, we hope that we can brighten your day just a little by keeping you Culturally Connected – many of our touring friends are working hard to keep in touch with us all by releasing lots of lovely creative content online. In response, we have built a 'Digital Diary' on the Artsreach website, which will be regularly updated. The page will be constantly changing so keep checking back and keep sharing it – we've seen some wonderful performances so far

The Artsreach Team



'The Poet's Eye'

The Poet's eye doth glance from heaven to earth,
from earth to heaven – Theseus

Milborne Wood

Soft speak this name lest others hear, the secret known to few,
Guard well this place and careful tread the paths past children knew,
Be sure this quiet peace endures to last another day,
And know you stand as bless'd here where nature kneels to pray.

For this is Milborne Wood with all suffused by its dim light,
Though far above the sun may burn its elemental might,
Here deep within its gloomy rides, dense thickets sweet woodbine
And arching bough born leaves allow the golden celandine.

With magic carpet bluebells spreading endless azure hue
On this bare woodland floor, amongst tall trees where lately grew
In mounded white as snowdrops brightened Springs elusive sign,
Soon joined by smiling primrose where the wild hops often twine.

Regard with wonder in your eyes each vista seen anew,
Yet know that as you see them too, some eyes are seeing you,
Since those that live here know their place and you a stranger come,
They dwell unseen but mark your step though measured everyone.

Hear then the piercing cry which points the buzzard soaring high
Above the greening canopy, and darting wings which fly
From trembling branch to disappear amidst the biting gorse,
That flanks the trodden path engraved by passing iron shod horse.

Or then the madding crowd above in cawed cacophony,
From feathered black eardrums attacked, a politician's glee,
As rook and jackdaw, crow and rook, with noisy neighbours vie,
Wind waving on their platform sticks set 'gainst an endless sky.

The scampered rabbit taken fright in telling grasses leaves
Faint trail to show its passage though the broken bracken weaves
A maze beyond few others go, safe haven as they flee
From scything eager teeth behind and fanged eternity.

By farmer's field which lays beside, the grazing deer recline
And as the soporific sun beats down their drowsing heads incline
To somnolence, though one remains awake to shield them all
Lest others come with culling gun and sooner darkness fall.

Then from afar the chiff-chaff chimes while pigeons bill and coo,
This sylvan idyll, man would think, just home to them, while you
Soon go from here and, calling dog, have done this day but should
Hold dear this treasure little found, this timeless – Milborne Wood.

John Seymour.

Email johnseymourwrites@gmail.com

Ducks are back!

These ducks seem to be the ones that return every year to our garden, probably because of the free food! Hopefully I will be able to show you the little ones later.





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Shared on Facebook

I'll tell you a tale that's been recently written
Of a powerful army, so Great it saved Britain.

They didn't have bombs, and they didn't have planes
They fought with their hearts, and they fought with their brains.

They didn't have bullets, armed just with a mask.
We sent them to war, with one simple task.

To show us the way, to lead and inspire us.
To protect us from harm and fight off the virus.

It couldn't be stopped by our bullet proof vests.
An invisible enemy, invaded our chests.

So we called on our weapon, our soldiers in Blue.
"All Doctors, All Nurses, Your Country needs you".

We clapped on our streets, hearts bursting with pride.
As they went off to war, while we stayed inside.

They struggled at first, as they searched for supplies.
But they stared down the virus, in the whites of its eyes.

They leaped from the trenches and didn't think twice.
Some never came back, the ultimate price.

So tired, so weary, yet they still fought on.
As the virus was beaten and the battle was won.

The many of us, owe so much, to so few.
The brave and the bold, our heroes in Blue.

So let's line the streets and remember our debt.
We love you, our heroes,
Lest we forget.



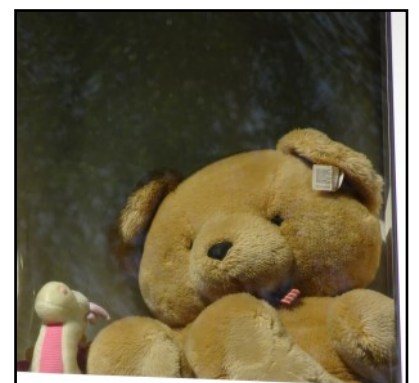
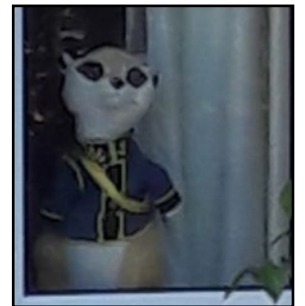
Thank you to everyone who is helping make this village a
better place to live in. I will not mention anyone in particular
as I am sure to miss someone.

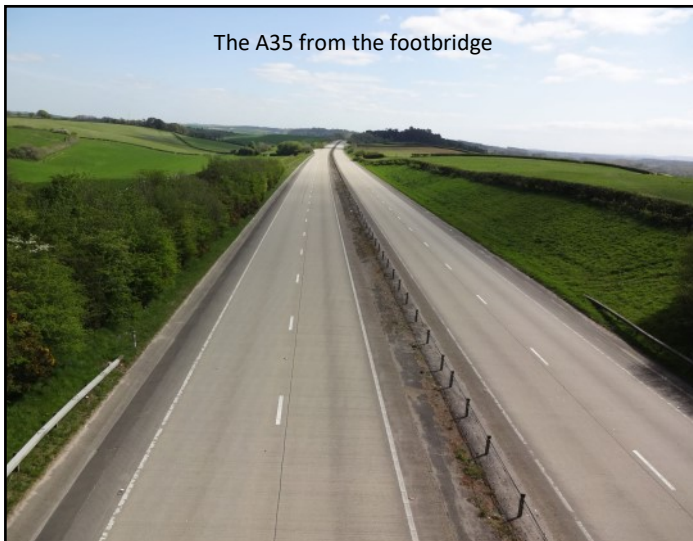
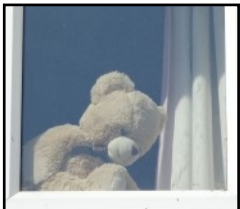
Editor

Milborne responds

TO a worldwide display of symbols of comfort and images of hope. Started in New Zealand and inspired by Michael Rosen's book, "We're Going on a Bear Hunt". It has become an entertainment, a little game, whilst spreading a bit of joy to lighten daily trips out, particularly for small children confined without school and nursery.

With more weeks to come perhaps we should all join in?





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To maintain a high standard of tuition, our classes are kept small, available places are strictly limited!

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Now is the time for Yoga

YOGA classes in Milborne St. Andrew village hall are temporarily suspended, but the desirability of regular yoga practice in your life has probably never been stronger. Yoga practice combines stretching and strengthening with breathwork which is really good for the whole of you: it makes your body healthier – it's not just your muscles and joints that benefit, but your internal organs as well, which means that your immune system also improves. It also helps your mind, making you feel calmer and clearer. As you feel clearer, you find it easier to make decisions, to understand what is right for you. It makes you feel at one with yourself and with the natural world.

Although general classes are what most people associate with yoga nowadays, traditionally it was nearly always taught individually. We are all different, with different life experiences, different bodies and therefore different needs. I am trained to teach individuals, and have been doing it online, with Skype, for many years. Why not make this the time to get a practice designed for you, that you can then do every day? Ten to twenty minutes' practice a day can really change things for you.

Contact me, Sarah Ryan, on 01258 839230 or email: saryan6630@gmail.com

SUDOKU

Fill in all the squares in the grid so that each row, each column and each of the 3x3 squares contains all the digits from 1 to 9.

No prize, just a bit of fun.

			7			4	3	
		3	5			6		8
	5		8	3	1	2		
	8				7	3		
6		7				9		4
		5	9				7	
		4	1	5	6		2	
5		2			3	8		
	6	9			8			

Quiz answers from page 16

1. Aventine, Caelian, Capitoline, Esquiline, Palatine, Quirinal and Viminal
2. De Havilland Comet
3. Yellowstone in the USA
4. Pirates of the Caribbean. At the worlds end
5. Bergamot Orange
6. Pyro
7. Methuselah
8. Michael Collins
9. Rogers and Hammerstein's Carousel
10. Mary Quant
11. Nassau
12. Amadeus
13. France
14. John Lennon
15. Oysters
16. Salisbury
17. Gemini
18. John Higgins
19. 4,000 miles
20. Cain

Answer to "Where was the editor?" on page 17

Higher Hyde Heath Nature Reserve, Puddletown Road on the way to Wareham. It was lovely and peaceful except for the tanks roaring up and down the road.



I DO not under-estimate how lucky I have been in these uncertain and testing times.

Thankfully, Trophy acted very early on to get the necessary requests in place so that we could be termed an essential business. This meant I had the necessary paperwork should I be stopped or

questioned whilst delivering your pets' essential food.

Initially, I carried out deliveries, following strict social distancing, but then we became aware that Stuart was actually in an at-risk category due to a previous heart condition. We weighed up the risks and decided that Trophy Wessex would switch to direct delivery via courier. We have found that customers are more than happy with this situation. They still order via me as normal; they can still get a food that is specific for their pet's needs and it's on time and delivered responsibly.

Trophy makes their own food and the staff at HQ have been working seven days a week to keep up with demand. I and many of my colleagues have found an increase in our business as more people find out about the benefits of Trophy pet food.

I'm sure you have seen the adverts for another brand, "Tell us all about your dog and we will tailor food to suit". Well, we work in a similar way, but with less cost to the customer. Owners talk to me, a qualified nutritional advisor, you really can tell me all about your dog, not just tick boxes and leave it to a computer to pick food. I can help with finicky dogs, obesity, weight gain, and your good old no problems family dog.

Milborne St. Andrew has been very kind to me. I now have lots of lovely customers in this village to add to my vast area which covers right up to Sparkford and across to Bridport.

When I purchased this business in 2016, I bought a box of items that the previous owner sold at shows. However, some had damaged labels, scratched or some other minor defect. I have had lots of time to sort through these items. I put out a table with the damaged/old stock and a few biscuit treats under a gazebo, wrote a notice about keeping everyone safe and left a donation box for the NHS. People passing have donated just over £80.00. The people of Milborne St. Andrew are simply amazing.

You can be assured that Trophy Pet Foods are one of the highest quality British made and British owned food on the market. Nothing artificial, and just the right balance of natural ingredients for the maintenance of optimal health. And of course, we never test on caged animals and we support the British farming industry.

If you are self-isolating, shielding or facing a lengthy wait for your pet's food contact Marion on 078 1000 321 or marion@trophywessex.co.uk. After a brief assessment of your needs, Marion will arrange for your order to be dropped to your door with no charge for the delivery!



Milborne Movies

THE lock down has stopped Milborne Movies but it will be back as soon as possible. We have some very good films already planned for showing, including Judy, Downton Abbey, Rocketman, and Blinded By The Light. If you haven't thought of coming to one of our shows, why not give it a try, once we are all allowed to mix together again – perhaps come with some friends: it's fun to have a drink or ice cream from the bar at the interval, and talk to others if you are feeling sociable. Sarah Ryan



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Main meals

	vg = vegan gf = gluten free	£
Thai spiced veggie burger and sweet potato fries	(vg)	9.95
Sweet potato, butternut squash, spinach pie and chips	(vg)	9.50
BBQ chicken and chips	(gf)	9.50
Cod and chips		10.95
Scampi and chips		9.50
Cheddar and bacon burger and chips		9.95
Vegatable curry and rice	(vg/gf)	9.95
Chicken Tikka Massala and rice	(gf)	9.95
Chilli con carne	(gf)	9.95
Spicy chicken burger and chips		9.95
Rack of BBQ ribs and chips	(gf)	12.95
Three bean chilli and rice	(vg/gf)	9.95

Children's meals

Sausage and chips		4.50
Scampi and chips		4.50
Chicken goujons and chips		4.50
Deep dish cheesy or pepperoni pizza and chips		4.50
40z cheese burger and chips		4.50

Sides

Sweet potato fries	(gf)	4.00
Fries	(gf)	3.00
Chips	(gf)	3.00
Side salad	(gf)	3.00
Onion rings		3.00
Corn on the cob		3.00
Coleslaw	(gf)	2.00
Garlic bread		3.00
Garlic bread and mozzarella		4.00

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Meat Feast Italian tomato sauce, mozzarella, chicken, pepperoni, chorizo and BBQ pulled pork	10.95
Pepperoni Italian tomato sauce loaded with pepperoni	10.25
The Hot One Italian tomato sauce, mozzarella, spicy beef, hot red jalapenos, chorizo and crushed red chillies	10.95
Very veggie Italian tomato sauce, mozzarella, mushrooms, peppers, red onions and sweetcorn (vg)	10.25
Goats cheese Italian tomato sauce, mozzarella, chicken, pepperoni, chorizo and BBQ pulled pork	10.95

Add a topping

For £1 each:

Red onion, mushrooms, pineapple, hot red jalapenos, cheese, sweetcorn

For £1.50 each:

BBQ pulled pork, pepperoni, chorizo, smoked ham, spicy beef, chicken

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